

Headaches

RFQs

- When do your headaches come on?
- Describe your headaches please. Does anything go along with the headache? Visual symptoms for example?
- How quickly does the headache come on?
- Have you ever vomited with the headache?

Provide

You mentioned that you were worried about a brain tumour, but realistically you thought that this was a tension headache. Your story fits for tension. The headache gets worse as the day goes on, and the headache isn't so bad on a good day. There are none of the worrying features that I might expect with a brain tumour. On top of that; your blood pressure is normal, and the pressure at the back of your eye looks normal.

Safety net:

Please let me know if you are waking early with a worsening headache, vomiting, or if the headache is worse with coughing, bending or exercise. Or if there is a big change in the nature of the headaches.

You need to be seen immediately: if you experience a sudden severe headache out of the blue. That can suggest a bleed inside the head. It is extremely rare. Headaches with vomiting can be worrying unless we know that you normally get migraines.

In view of your HIV (or chemotherapy) we need to see you urgently if you have a significant headache.